

**F.F.C.T. MEMBERSHIPS 2022 - Choice and conditions of medical certificate**

**Document to be completed by member**

Circle the chosen option (1 ou 2)

Abréviation : CMNCI (Certificat Médical de Non Contre Indication)

1	<b>VELO BALADE Occasional, family cycling</b> Difficulty : green / blue				
	Initial FFCT membership		CMNCI obligatory for at least one year		
	Existing members		CMNCI optional		
2	<b>VELO RANDO Regular cycling, cycletouring</b> Difficulty : green / blue / red / black		The medical certificate is valid for five years		
	<b>VELO SPORT</b> Competitive cycling green / blue / red / black & cyclospor		Starting from 2021, the medical certificate is valid for five years.		
	Initial FFCT membership		CMNCI to be provided for at least one year		
	<b>Membership renewal</b>	I complete and keep the 'QS-Sport' questionnaire (this is a medically confidential document and should not be transferred to the Club)		Rayer la mention inutile	
		* I have replied 'NO' to all questions		VRAI	FAUX
		If I have replied 'NO' to all questions, The medical certificate is valid for five years there is nothing else to			
If I have replied 'YES' to at least one question, I must provide a CMNCI					

Surname : \_\_\_\_\_ Date :    /    /  
 First name : \_\_\_\_\_ Signature

CC N°

Option chosen: 1 or 2 (Circle the option chosen)

**Please note : Form to be provided for each membership required**